

# LOVE<sup>2</sup>PLAY

## Dog Training

### Beginner Recreational Agility Lesson 5

#### BASIC OBEDIENCE

Are you able to run by your dog? Are you able to throw a toy over the dog's head while it stays in position?

#### BODY AWARENESS

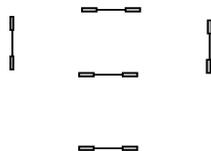
Do you have a 'line up' between your legs yet? (if you want to do that)

#### AROUSAL / CONTROL PRACTICE

Continue with as much arousal and then self control as you can find. EVERYTHING in agility is arousal followed by self control—jumping but following where YOU go, going over a contact and stopping at the bottom, entering weave poles.

#### JUMPING

Can the dog follow you when you do 3 jumps in a row and then do 2 jumps and a turn????? (don't forget to do both sides). Your jumps should be 10 – 15 feet apart most of the time now.



Pattern the dog to take  
3 jumps in a row  
Then turn either left or right  
Does dog follow your body line?  
Do you need to decelerate more?

#### WEAVE POLES

Continue to have your dog follow the chopstick through the weaves. After the last weave, THROW your food so the dog continues to look forward (looking at you for the treat MAY cause them to pop the last pole when they are weaving 12 poles). Work with your dog on your left and right. DO NOT use your hand...we want YOU out of the picture!

#### TABLE

Continue to reinforce only fast downs. If the dog is slow to lie down (slower than average), just take him off and start again.

#### HOOP/CHUTE

Continue

### **DOGWALK—raised now**

Continue to take the dogwalk and AFrame slowly and continue to use the target plat with food at the end to encourage them to stop in the correct position (2 on 2 off).....feed them in this position, head low, to help them stay there until YOU release them. Release STRAIGHT off—do not encourage them to come off to the side.

Continue at home to do the ‘contact behaviour’ on stairs or on the angled plank here (or if you have an angled plank at home—some people nail a 1 x 12 to an old stump.

### **TEETER**

Make sure you get ‘contact behaviour’ here too!!!

### **A FRAME (gradually raised)**

Encourage the dog up and over the AFrame, remembering to have a target plate at the end.

### **OUT and ABOUT**

Continue to explore the world with an eye to what new and different things can your dog safely explore. The fitness area at Lakeside Park has lots of new and different things for them to explore.

### **SHORT SEQUENCES**

Work short sequences for 3 or 4 obstacles—your dogs are not ready to do more than that without food/toy after each one